



Edition #02

May 2024

JOY AND LIGHT

a Monthly newsletter



JAL - AYUSH

In the month of May 2024, Ayush celebrate various events like:

1. Mother's Day Celebration
2. Birthday Celebration
3. Medical Camp
4. Holistic Health Session

[Read More](#)



JAL - SHINE

In the month of May 2024, Ayush celebrate various events like:

1. Mother's Day Celebration
2. Birthday Celebration
3. Medical Support
4. World No Tobacco Day
5. Celebration in our Home
6. Activities

[Read More](#)



May 2024

JOY AND LIGHT AYUSH

MOTHER'S DAY CELEBRATION

The Mother's Day 2024 celebration at AYUSH Senior Home was a heartwarming event filled with joy and gratitude. The day commenced with a special breakfast where residents were treated to their favorite dishes. The highlight of the day was a touching ceremony where each resident received personalized cards and flowers from volunteers, expressing appreciation and love. Interactive sessions, including story telling and sharing personal experiences, fostered a deep sense of community and belonging.



BIRTHDAY CELEBRATION

AYUSH Senior Home celebrated the birthday of one of our cherished residents, Sengolvarayan. Joining our home on August 24th, 2023, Sengolvararayan has become a beloved member of our community.

On May 21st, the entire AYUSH Senior Home came together to honor his special day. The festivities included a delightful cake, heartfelt wishes, and a joyous gathering of fellow residents and staff.



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JOY AND LIGHT AYUSH

MEDICAL CAMP

AYUSH Senior Home successfully collaborated with Mahatma Gandhi Hospital to provide essential physiotherapy services to our male and female residents. On the 14th of May, a team of skilled physiotherapists from the hospital visited our facility, conducting thorough assessments and personalized therapy sessions tailored to the needs of each inmate. This initiative significantly contributed to enhancing the physical well-being and mobility of our residents, fostering a healthier and more active lifestyle.



HOLISTIC HEALTH SESSION

The holistic health session organized by 'AYUSH SENIOR HOME' for elderly residents conducted on 10th May 2024 was a resounding success, fostering a profound sense of well-being and connection among participants.

The session conducted by Mr. Shanmugam from "BHRAMAKUMARIKAL" focused on nurturing the mind, body, and soul through a variety of activities tailored to meet the unique needs of our elderly community.



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JOY AND LIGHT SHINE

MOTHER'S DAY CELEBRATION

Mother's Day is a celebration honoring the mother of the family or individual, as well as motherhood, maternal bonds, and the influence of mothers in society. Mother's Day, on the second Sunday of May, is a tribute to maternal figures. A mother plays many roles from the mother-child relationship to teaching about the world, language, sharpening their thinking skills, supporting, taking care and many more.



BIRTHDAY CELEBRATION

Hashini celebrated her 10th birthday on May 03, 2024. She hails from Namakkal. She was diagnosed with Ependymoma. She stayed with us for last two years, and we were happy to celebrate her birthday with her.

On 30-05-2024 another follow up child named Ratana who hails from Ariyalur she was diagnosed with Hodgkin's Lymphoma celebrated her 9th birthday with us.



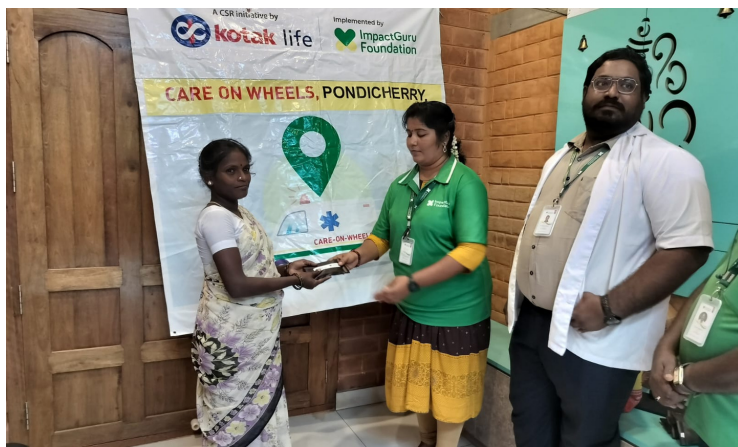
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JOY AND LIGHT SHINE

MEDICAL SUPPORT

Ratana 09 year's old girl from Ariyalur who is suffering from Hodgkin's Lymphoma and its side effect affected her both eyes and doctor suggested to wear optical permanently. So we buy and give an optical to her.

Impact Guru Foundation visit home and done eye checkup for all children and mothers. And provide optical to those who have vision problem.



WORLD NO TOBACCO DAY

This year's theme – Protecting children from tobacco industry interference. Life is too precious to smoke tobacco and therefore, we must save ourselves from it.

Lung Cancer: Smoking tobacco products, including cigarettes and cigars, is responsible for almost 9 out of every 10 cases of lung cancer. Second hand smoke exposure can also contribute to lung cancer.

Oral Cavity and Throat Cancers: Tobacco use increases the risk of cancers in the mouth, throat, and voice box (larynx).



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JOY AND LIGHT SHINE

CELEBRATION IN OUR HOME

The children's mother and staff members of Shine children home commemorated Mother's Day in their home premises on 12th May 2024. The whole event was planned by the children of the home under the guidance of home coordinator of the shine.

All the mother are warmly invited to take part in the small program organized in the home. The children of the home gave tributes to the mother by performing enchanting poetry, thrilling skit cum dance, melancholy song and a scintillating dance performance and elocution.



HISTORY & SIGNIFICANCE

Anna Jarvis of Philadelphia, whose mother had organized women's groups to promote friendship and health, originated Mother's Day. On May 12, 1907, she held a memorial service at her late mother's church in Grafton, West Virginia. Within five years virtually every state was observing the day, and in 1914 U.S.



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MAY MONTH SHOWCASE

S. No	Name of the Project	Count
1	Total no. of Ambulance service	0
2	Total no. of Follow up cases	12
3	Total no. of New cases	14
4	No. of Child staying at home	2
5	No. of completed treatment	1
6	No. of child death in a month	1

ACTIVITIES

Mrs Fathima Mary a talented women who give session in craft for children for 2hours weekly. Craft also assists in mastering fine motor skills.

Aditiya IIT passed out student who give classes in general knowledge, spoken English, Mathematics three days in a week.

Two Volunteers named Sneha & Varshini give Yoga training, basic mathematics, spoken English classes to our children daily.

DEATH CASE

Kapikshan 4 years old boy hails from Ramanathapuram. He stayed with us for last 2years. He was diagnosed with Langerhans cell histiocytosis (LCH). He was under Chemotherapy but unfortunately his body didn't respond with treatment and he passed away on 14-05-2024 at JIPMER.

We provide our Home Ambulance to shift his body from JIPMER to his native place Ramanathapuram.

"May his soul rest in peace"



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