

JOY AND LIGHT (JAL)

The service of Children with Cancer and Old age people



TOP NEWS OF THE MONTH OF APRIL 2024

SHINE CHILDREN HOME

under JAL Trust



>>> READ MORE

In the month April 2024 Shine children home conducted various activities like Brahmakumari Raja Yoga, Tamil New Year, Chithra Pournami, Birthday Celebration, Chalk Art....

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READ MORE



In the month of April 2024 Ayush Senior home conducted various activities like, Tamil New Year, Birthday Celebration, Week of Blindness Prevention around 1 week....

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AYUSH SENIOR HOME

Under JAL Trust

SHINE CHILDREN HOME

BRIEFING ABOUT ACTIVITIES

By Jal Trust

>>> BRAHAMAKUMARIS RAJA JOGA

The Meditation session for 2 hours under the guidance of Mr. Ganesan were taken for children, parents and staff in the home. All the mothers and staff were take part in the program organized in the home. In this session he explained the importance of yoga. Raja Yoga, often referred to as the "royal path," is a form of meditation that trains the mind for self-actualization. This session was conducted on 02nd April 2024.

By practicing Raja Yoga, you can cultivate self-control, discipline, concentration, peace of mind, and inner joy. Raja is the Hindi word for 'King' and Yog or Yoga means a union, a connection or a relationship. Raja Yoga is the Supreme Yoga through which we the souls become a master (a King) of our senses (physical organs and mind) by simply remembering our original nature and our eternal relationship with the Supreme Soul. There are two inter-connected steps to learn and master the Raj yoga meditation are Self Realization and God Realization.



>>> TAMIL NEW YEAR CELEBRATION

This is the start of the harvest season, and it is celebrated with a lot of pomp and grandeur. Puthandu is celebrated in Tamil Nadu. The Tamil New Year is referred to as Puthandu. Chitterai, the month of the Tamil calendar is marked by Puthandu as its first day. This also marks the start of the year for the people of Tamil Nadu.

On 14th April 2024 was celebrated as Tamil New Year at The Shine children home with great zeal and enthusiasm under the coordination of Mr. Govindraj. Our home child Sanjana started the program with a marvelous welcome speech after that all children participated in dance and singing competition. Celebration is carried out for full day.



>>> BIRTHDAY CELEBRATION

Baby Jeevith celebrated his 4th birthday on April 15, 2024. He hails from Kallakurichi. He was diagnosed with Medulloblastoma with Obstructive Hydrocephallus. He stayed with us for last three months, and we were happy to celebrate his birthday with him.

>>> CHALK ART

CHALK ART by Mrs. Fathima Mary a talented women who give session in this craft for children for 2 hours weekly. Chalk art ideas are a great way to channel a child's creativity and expression. Drawing with sidewalk chalk encourages children to experiment, explore their creativity and feel liberated. Chalk art also assists in mastering fine motor skills





CHITHRA POURNAMI FESTIVAL

On April 23, 2024 Chitra Pournami Pooja was conducted at shine children home. Chitra Pournami is a well-known Hindu festival celebrated on the 1st full Moon day of Chithirai. This auspicious day is dedicated to Lord Chitragupta, who keeps the records of good and bad karmas of person.

We celebrate Chitra Pournami when the Sun is exalted in the Aries sign, and the Moon is in the Libra, facing towards the bright star, Chitra. In this auspicious day in home we bring Durga idol and performing.

The Paal Kudam (Milk Offering) offering done by children and mothers. The Paal Kudam means carrying paal (milk) in a kudam (vessels in the form of a pot) which is usually kept and carried on the head, to be offered to Durga. This milk will then be used by the priest to perform Paal Abhishegam. After that persist performing anointing with different divine things. After that all children, mothers, staff and guest singing devotional songs and make the puja more auspicious. Due to this puja we can maintain a positive vibe and feel a blessing from goddess.

OTHER ACTIVITES

Social Worker named Mrs Remya from JIPMER came home and interacts with children and mothers about their condition and problems if any they facing in home or in hospital and give counseling to both mothers and children.

Tufan Mal 14 years old from West Bengal who is a survivor from B-ALL (Acute Lymphoblastic Leukemia) went back to his village we provide train ticket for him and his mother .

MONTH SHOWCASE

00

AMBULANCE SERVICE

12

FOLLOW UP CASES

14

CHILD STAYING HOME

01

NEW CASES

01

TREATMENT
COMPLETED

00

EXPIRED COUNT

AYUSH SENIOR HOME

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>>> BIRTHDAY CELEBRATION

Mrs. K. Malarvizhi commemorated her 74th birthday on April 7th 2024 at the AYUSH Senior Home. She has become separated and abandoned by her family. She ran away from her family and began living in a temple. Her daughter relinquished her to reside in an old age home. We have been taking care of the resident for more than one year. She assists us greatly with cooking and chopping vegetables. She stays with us in good health. We are happy to celebrate her birthday in our home.

>>> WEEK OF BLINDNESS PREVENTION

In commemoration of the week of Blindness Prevention, AYUSH Senior Home took proactive steps towards promoting eye health within the community. During the first week of April, we collaborated with the Care on Wheels Team, an initiative implemented by the Impact Guru Foundation in Puducherry.

Together, we conducted comprehensive eye check-ups for residents. This initiative aimed not only to detect any potential eye conditions but also to raise awareness about the importance of regular eye examinations in maintaining overall health and well-being.

Throughout the event, our dedicated team of volunteers and medical professionals worked tirelessly to ensure that each individual received personalized attention and care. From basic vision screenings to more advanced examinations, we strived to cater to the diverse needs of all participants, regardless of age or background. Additionally, we provided educational resources and counseling sessions to empower individuals with the knowledge and tools necessary for proper eye care.

Looking ahead, AYUSH Senior Home remains committed to promoting eye health and preventing blindness within our community. We will continue to collaborate with like-minded organizations and explore innovative approaches to address the growing needs of our aging population.

